## Coming to a Different Journeys' Peer Support Event at The Bendigo Club

The Different Journeys' Team welcome you to our Peer Support Events.

We look forward to meeting you at our next get together which is: **Teens Dinner – on the 3<sup>rd</sup> Friday of each month from 6-8.30pm.** 



We meet at The Bendigo Club in our private room. We have exclusive use of this room, only the Bendigo Club staff and members of the Teen Group will be using this room. The tables are arranged so the teens can sit with each other whilst the parents/carers/support workers will sit on the other side of the room. But there are no strict rules; you can move and sit wherever you feel comfortable.

We have a new wristband system for teens/adults: RED – I don't feel like talking today YELLOW – I might like to say just "Hello" and not talk very much GREEN – Please come and chat to me!



Our Different Journeys Team won't be wearing a wristband as we are happy to talk to you at any time.

We will all be wearing a "Different Journeys" shirt.



We Support Celebrations

We Provide Connections

We Create Communities

Mel is our Events Coordinator and will be there to greet you or answer any questions that you may have.





We provide board and card games that you can play as well as a variety of coloring in books to help you settle in. Many of the teens also bring their devices such as iPads and phones to play games on. Some of them bring their noise cancelling headphones if you find it might be too noisy for you.



One of our teens or adults will organize a fun trivia quiz on music and movies using the online program Kahoot. You will need to use your smart phone or electronic device to play the quiz. We will provide you with a special access password on the night so that you can play. Random prizes will be given out throughout the quiz. It is a lot of fun and there is a lot of excitement.

You can order your meal at any time during the night. Menus will be found on the tables or at the bar. You can select from the children's or main menu. To order your meal you will need to line up, give your order to the staff member at the register and then pay for your meal. There will be a Different Journey's Team Member to help you do this. Sometimes you may have to wait in a queue before you can order your meal.



The carers/parents/support workers can choose to select a meal from a set menu, at their own cost. Depending on if you are plan managed or self-managed, you may be able to claim the cost of your entry and meal on NDIS. Please ask for a receipt if you need it.



It can be a bit scary coming to somewhere new. Many people start off fairly quiet and reserved but they keep coming back to the dinner and have lots of fun. But you can ask as many questions as you like.

Most of all, we hope that you have a fun night and join us again next month.

